

THE LIVING MIRACLES PEER EMPOWERMENT CENTER 2011 ANNUAL REPORT



OUR MISSION: To promote the mental health recovery process by offering hope and motivation through peer support and education.

OUR OUTCOMES: According to our most recent survey in May of 2011, 95% of our members who attend Living Miracles group at least twice a week have had no psychiatric hospitalizations within the last year.

“The Living Miracles offered me something that I never thought I would have again – HOPE.”

“This really is a place for Miracles!”



I never had motivation to change; I had no insight into my symptoms or illness. This group taught me a whole new way to live and to have hope.”

“Having the comfort and guidance of my peers has given me strength to accomplish many goals.”



BOARD OF DIRECTORS: Marissa Norden, President

Pat Fahey, Vice President

Don Mackay, Secretary

LIVING MIRACLES STAFF: Jennifer Kruse, Executive Director

Peer Support Staff: Nick Brady Joe Hemmingway Noah Katzman

Marc Mannheimer Randy Moss Stephanie Pettis Sandra Ward

SERVICES PROVIDED IN FY 2011

ADVOCACY

The Living Miracles advocates on behalf of mental health issues and to eliminate stigma and discrimination surrounding mental illness. We are involved with various advocacy campaigns such as letter writing, radio and television broadcast opportunities, sharing personal stories and utilizing our Speaker's Bureau. We offer various activities, groups and trainings to promote advocacy skills among our members. These skills help our members in many areas of their lives.

UNITS OF SERVICE IN FY 2011: 86

UNITY



COMMUNITY OUTREACH

Members and staff of Living Miracles offer presentations throughout the community to increase awareness about our services, recruit and link new members to peer support services, and to reach many underserved populations in Cuyahoga County. Presentations are made at different venues such as churches, group homes and shelters.

UNITS OF SERVICE IN FY 2011: 108

MENTORING

Trained staff and group members visit patients in local psychiatric hospitals serving residents of Cuyahoga County to provide mentoring and peer support services, encouragement and a connection to Living Miracles upon discharge. Mentoring is offered on a weekly, bi-weekly and monthly basis at local hospitals .

UNITS OF SERVICE IN FY 2011: 57 visits
Number of People Served: 398



HEALING



PEER EDUCATION The Living Miracles Peer Empowerment Center offers a variety of education for group members to learn ways to improve their lives, in addition to developing self help and coping skills. We strive to offer educational groups that are reflective of our participants' interest. We base and plan these offerings on members input, outcome surveys and trends in the community. Some examples include: CALM Group, Relationships group, Dual Recovery, Wellness Management, Symptom Management, Assertiveness skills, Employment Skills and Lifeskills. Peer Education is also offered to the community through various presentations throughout the year. We are currently in the process of developing a program for area middle and high school students to learn about mental illness and to offer support and resources to adolescents and teenagers.

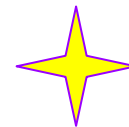
UNITS OF SERVICE IN FY 2011: 272

“What more can one do for another than to help them to help themselves?”

PEER SUPPORT Peer support groups allow members to discuss aspects of their mental illness, struggles they are facing in their recovery, and get support from others in similar situations. Our peer support groups also offer members opportunities to learn about community resources, develop support networks and learn self help techniques from each other.

UNITS OF SERVICE IN FY 2011: 258

“The love I feel from this group saved my life.”



“Being employed as a Peer Support staff at Living Miracles helps me while I’m helping my peers. I feel I’m contributing to the members’ success, and my own.”

SOCIAL AND RECREATIONAL We plan activities to help members learn and become engaged in a variety of leisure and socialization skills both in the community and at our site. Some of our activities include: Bowling, crafting, playing games, going to the movies, sporting events, nature walks, baseball, volleyball, field trips, local talent nights featuring karaoke, and more. These activities build social connectedness, supportive friendships and helps our members engage in meaningful activities. Activities are developed directly from members' input at our monthly membership meetings and through various surveys and planning sessions throughout the year.

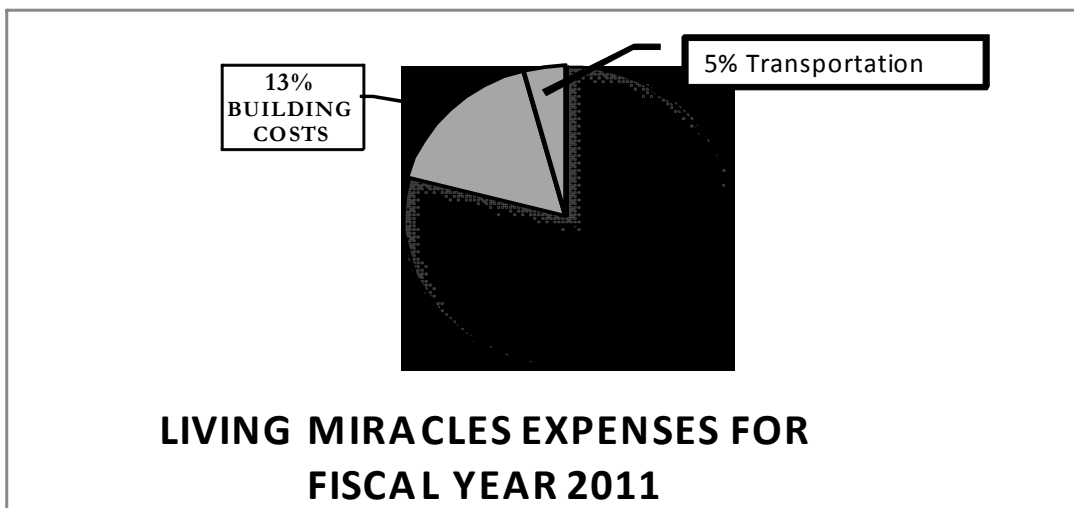
UNITS OF SERVICE IN FY 2011: 256

“I love all the activities at Living Miracles. I get to do things with a group of friends that I’ve never had the chance to do before.”



FY 2011 FISCAL MANAGEMENT

LIVING MIRACLES BUDGET FY 2011		OUR FUNDERS:
FISCAL YEAR 2011 BUDGET	\$235,090.00	ADAMHS BOARD OF CUYAHOGA COUNTY
PROGRAM SERVICES	\$193,300.26	NORTHCOAST BEHAVIORAL HEALTHCARE
BUILDING COSTS	\$31,389.74	RIDGECLIFF FOUNDATION
TRANSPORTATION COSTS	\$10,400.00	PFIZER HEALTHCARE CHARITABLES
TOTAL COSTS	\$235,090.00	ORTHO JANNSEN MCNEIL



MEMBERSHIP AND TOTAL SERVICES FOR FY 2011:

Total members through June 30, 2011: **160**

Total new member visits through June 30, 2011: **140**

Total people served through Mentoring: **398**

Total units of service provided through June 30, 2011: **1,037**

Average Daily Attendance: **29 people**

